

Current Programs offered by the Meskwaki Food Sovereignty Initiative

Many programs offered by the MFSI came as a result of input given during the strategic planning process. Here are a few examples of what is going on:

Red Earth Gardens

An organic farm on the Settlement, Red Earth Gardens grows a variety of vegetables, fruits, herbs, and flowers. These are available to purchase from the Farm Stand at the Trading Post, the Toledo Farmer's market, and through a TSA share.

VISTA's work (community-based projects)

The VISTAs work primarily to build capacity within the community. Their projects include: the Senior Garden, the Meskwaki Settlement School garden & programming, developing cultural curriculum, and lots of cooking, gardening workshops, community meals, and an annual food film festival.

Community Garden/ Grower's Cooperative

The Community Garden provides access to land and seeds to help facilitate gardening among community members. It is also being used as an incubator space for the Grower's Cooperative, which provides access to land & tools for individuals wanting their own small farm business. If you would like to get involved with the Grower's Cooperative, come to the next planning meeting on **August 26th, 2014**



The Next Step



The Meskwaki Food Sovereignty Initiative is hosting Strategic Plan meetings on:

Wednesday September 10th

Thursday October 2nd

Thursday October 15th

These will be opportunities to learn more about the programming and **give your input about what you want for the future.**

If you would like a copy of the current Food Sovereignty Strategic Plan or just want to learn more, contact the Food Systems Communication Coordinator, by e-mailing Ciska Ulug at fsc.vista@meskwaki-nsn.gov or calling 641-484-3185 ext. 2281



MESKWAKI FOOD SOVEREIGNTY STRATEGIC PLAN INFORMATION PAMPHLET

We want YOU to help shape local foods on the Settlement!



Join us Wednesday September 10th for the first planning meeting!

We want to hear from YOU

In order to provide the community with the most effective support in recreating a healthy food system, we need as much feedback as possible. Here are some questions to consider that would help us with future planning:

- What do you think of current programs offered by the Meskwaki Food Sovereignty Initiative?
- Is there a topic related to local and traditional foods that you would like to learn more about?
- If you've taken a look at the Strategic Plan draft, what are your thoughts?

We are hosting three Food Sovereignty Strategic Plan planning meetings this fall where members of the community can provide MFSI with feedback in regards to the plan. The first meeting is **September 10th, 2014.**



What is the Food Sovereignty Strategic Plan?

- The Meskwaki Food Sovereignty Initiative (MFSI) sent out a food sovereignty survey in 2012 in order to gain a better understanding of the Meskwaki Settlement food system and ensure that community input, values, and goals guided future food system development.
- The Food Sovereignty Strategic Plan draft was created from a combination of the survey results and community planning meetings.
- Community input, values, and goals are necessary in guiding the development of the Strategic Plan and future food system actions on the Settlement.
- The plan serves as a current guide for the MFSI, though supplementary meetings with

community members are necessary before finalizing it.

- Once completed, this plan will be used as a guide in providing the Meskwaki community with access to resources, education, and support emphasizing local and traditional foods.

